

Anna T. LaRose, MD

Contact information

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Education and Training

6/2016 Addiction Psychiatry Fellowship, Boston University Medical Center, Boston, MA
5/2016 One Year Psychoanalytic Fellowship, Boston Psychoanalytic Society and Institute, Newton Centre, MA
6/2015 Psychiatry Residency, Boston University Medical Center, Boston, MA
5/2011 Doctor of Medicine, Albany Medical College, Albany, NY
6/2005 Master of Science, Physiology and Biophysics, Georgetown University, Washington, DC
5/2001 Bachelor of Arts, Biochemistry, Molecular Biology, Philosophy and Psychology, Boston University, Boston, MA

Licensure

2022-present Medical License, New York Board of Registration
2018-present ABPN Board Certification in Addiction Psychiatry
2015-present ABPN Board Certification in General Psychiatry
2014-present Medical License, Massachusetts Board of Registration
2014-present DEA Registration for Schedule II-V

Awards and Honors

2015 Travel Award, American Academy of Addiction Psychiatry
2015 Psychiatry Residency Program Award for Citizenship, Boston University Medical Center
2011 The Dr. and Mrs. William J. Thompson Annual Prize in Psychiatry, Albany Medical College
2008 Excellence in Research Commendation, Albany Medical College

Medical Employment

6/2024-present Private Practice, Delmar NY
Holistic Psychiatrist and Psychotherapist in person and virtual solo practice.

9/2018-present Staff Psychiatrist, Albany Stratton VA Medical Center, Albany, NY
Outpatient Psychiatrist. Duties have include working in the General Mental Health Outpatient Clinic, Buprenorphine Clinic, Clozapine Clinic, Residential Substance Abuse Treatment Program and On Call responsibilities for the inpatient psychiatric unit. (this will be ending in August 2024)

7/2016-8/2018 Staff Psychiatrist, VA Boston Healthcare System, Boston, MA
Outpatient Psychiatrist. Duties included working in the General Mental Health Clinic at the Jamaica Plain VA, Dual Diagnosis Clinic at the Causeway Community Based Outpatient Clinic, weekly Urgent Care psychiatry and on call attending psychiatrist for the West Roxbury VA

Emergency Department, Clinical Wards, and the Brockton Campus inpatient and detox unit.

Academic Appointments

- 9/2019-present Psychiatry Residency Site Director and Assistant Professor, Psychiatry Department, Albany Medical Center
- 7/2017-8/2018 Assistant Training Director of Addiction Psychiatry Fellowship Program and Instructor of Psychiatry, Department of Psychiatry, Boston University School of Medicine, Boston, MA

Medical Publications and Presentations

- 2019 Von Horn, A and **LaRose**, AT. Sedatives. In Addictions: Elements, History, Treatments, and Research. Eds. Frankenburg, F. Health and Psychology Sourcebooks, 2019.
- 2018 Stankiewicz, BW, El Haddad, S, and **LaRose**, AT. Methadone, naltrexone, and naloxone. In Office-Based Buprenorphine Treatment of Opioid Use Disorder, Second Edition. Eds. Renner, Levounis, **LaRose**. American Psychiatric Association Publishing, 2018.
- LaRose**, AT and Jones, HE. Women's health and pregnancy. In Office-Based Buprenorphine Treatment of Opioid Use Disorder, Second Edition. Eds. Renner, Levounis, **LaRose**. American Psychiatric Association Publishing, 2018.
- 2016 **LaRose**, AT and Renner Jr, J A. Alcohol in Older Adults. In Sullivan, M. and Levin, F. (Ed.), Addiction in the Older Patient (pp. 69-104). Oxford University Press, 2016.
- LaRose**, AT and Renner, JA. Mindfulness-Based Substance Abuse Treatment for Adolescents.: Sam Himmelstein, PhD and Stephen Saul, MS (2016) New York, NY: Routledge. x+223 pp. Journal of Nervous & Mental Disease. 204(7):559, July 2016. [Book Review]
- Fentanyl and the Opioid Epidemic: What do your patients need to know?, Mass Psych Society, Boston, MA (with Dr. Saria El Haddad) Presented June 2016
- Effective Treatment vs Enabling: Where to Draw the Line with Opioid Agonist Therapy?, International Conference on Opioids, Boston, MA (with Drs. Renner, Insler and Daum) Presented June 2016
- Considering Compassion Fatigue when working with Individuals with SUD and Trauma, CARE Conference, Internal Medicine Department BUMC, presented June 2016
- Motivation Interviewing Basics and Beyond, Boston Public Health Commission, Boston, MA, presented February 2016

Research Experience

- Summer 2007&2008 Research Assistant, Harton Lab, Center for Immunology and Microbial Ju Disease, Albany Medical College, Albany, NY

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Investigated the role of a transcriptional regulator of MHC II in the rejection of tumors in mouse models of breast cancer and melanoma.

- Oct 2005-Aug 2006 Scientist II, TolerRx Inc., Cambridge, MA
Investigated the mechanism of action of a human anti-CD3 antibody (TRX4) for use in diabetes.
- May 2001-July 2004 Research Assistant, Stein-Streilein Lab, Schepens Eye Research Institute, Boston, MA
Investigated ocular, neonatal, and mucosal immunity in mouse models of disease, including pulmonary fibrosis, diabetes, and multiple sclerosis.

Research Presentations and Publications

- 2008 Poster presentation - The Role of CIITA in the Rejection of Breast Cancer, Medical Student Investigation Day, Albany Medical College. September 2008
- 2005 Mechanisms of peripheral tolerance following intracameral inoculation are independent of IL-13 or STAT6. Nakamura, **Terajewicz**, Stein-Streilein. J Immunol. 2005 Aug 15;175(4):2643-6.
- The macrophage F4/80 receptor is required for the induction of antigen-specific efferent regulatory T cells in peripheral tolerance. Lin, Faunce, Stacey, **Terajewicz**, Nakamura, Zhang-Hoover, Kerley, Mucenski, Gordon, and Stein-Streilein. Journal of Experimental Medicine 2005 201(10): 1616-1625.
- 2004 Cutting Edge: In Vitro-Generated Tolerogenic APC Induce CD8+ T Regulatory Cells That Can Suppress Ongoing Experimental Autoimmune Encephalomyelitis. Faunce, **Terajewicz**, and Stein-Streilein, Immunol 2004 172: 1991-1995.
- F4/80 protein expression by APCs is required for generation of T regulatory cells in ACAID and low dose oral tolerance, ARVO conference, Ft. Lauderdale, FL. Presented May 2004
- 2003 Similar Mechanisms Induce CD8+ T regulatory cells in ACAID and Low Dose Oral Tolerance, ARVO conference, Ft. Lauderdale, FL. Presented May 2003